

# Community Counseling Services Community Resource Guide – Rio Grande Valley

## BEHAVIORAL/MENTAL HEALTH ASSISTANCE

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tropical Texas Behavioral Health	Provides an array of outpatient mental health services to adults 18 years of age and older who have a severe and persistent mental illness (depression, schizophrenia, bipolar disorders) or any other serious emotional symptoms that interfere with their daily activities.	103 N Loop 499 Harlingen, TX 78550 956-423-8094  <a href="http://www.ttbh.org/">http://www.ttbh.org/</a>
Rio Grande State Center (RGSC)	Public provider south of San Antonio, Texas that offers outpatient medical healthcare, inpatient mental health services and long-term services for individuals with intellectual and developmental disabilities.	1401 Rangerville Rd. Harlingen, TX 78551 956-364-8000  <a href="https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rio-grande-state-center">https://www.hhs.texas.gov/services/mental-health-substance-use/state-hospitals/rio-grande-state-center</a>
Border Region Behavioral Health Center	Provides an array of services to adults 18 years of age or older who suffer from schizophrenia, bipolar disorders, severe major depression or any other severely disabling mental disorders which require support and treatment.	106 E Amada St Hebbronville, TX 78361 (956) 794-3290  <a href="http://www.borderregion.org/default.htm">http://www.borderregion.org/default.htm</a>

## BEREAVEMENT

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Children's Bereavement Center – RGV	Children, adolescents, and young adults between the ages of 3-24, as well as their caregivers, are eligible to enroll in our peer grief support groups. Anyone person, of any age that is experiencing or anticipating a death is eligible to enroll in individual or family counseling.	Harlingen Location 2302 S. 77 Sunshine Strip, Ste 202 Harlingen, TX 78550  McAllen Location: 105 S. 12 <sup>th</sup> Street McAllen, TX 78501  956-368-4065 <a href="mailto:info@cbc-rgv.org">info@cbc-rgv.org</a>

		<a href="https://cbc-rgv.org/">https://cbc-rgv.org/</a>
Compassionate Friends	Support group dedicated to the needs of parents/stepparents, siblings and grandparents who have lost a child through death.	McAllen Chapter St. Alban's Episcopal Church 1417 E Austin Ave Harlingen TX 78550
Border Region Behavioral Health Center	Provides an array of services to adults 18 years of age or older who suffer from schizophrenia, bipolar disorders, severe major depression or any other severely disabling mental disorders which require support and treatment.	106 E Amada St Hebbronville, TX 78361 (956) 794-3290  <a href="http://www.borderregion.org/default.htm">http://www.borderregion.org/default.htm</a>

## Child/Youth Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Tropical Texas Behavioral Health	Provides a wide array of outpatient mental health services to children and adolescents between the ages of 3 -17 with a mental illness and who exhibit serious functional impairment. Services provided include crisis and intake assessment, case management, rehabilitation services, medication related services, pharmacy services and individual, family, and group counseling	1901 S 24th St Edinburg, TX 78539 956-289-7000  <a href="http://www.ttbh.org/">http://www.ttbh.org/</a>
Children's Advocacy Center of Hidalgo and Starr Counties	Coordinates and facilitates investigations by providing on site child forensic video recorded interviews, immediate crisis counseling, individual/family counseling, group counseling, sexual assault examinations and assistance with crime victims compensation program.	525 W Wisconsin Rd Edinburg, TX 78539 956-287-9754  <a href="http://www.cachidalgo.org">http://www.cachidalgo.org</a>
Children's Advocacy Center of Cameron and Willacy Counties (Monica's and Maggie's House)	The center provides a safe and nurturing haven where children who have been victimized can be interviewed in a non-threatening environment. A team of professionals coordinate their expertise with the goal of helping the child during this traumatic time. Adult services offered for persons with limited mental capacities.	2220 Haine Dr. Suite #38 Harlingen, Texas 78550 956-361-3313  <a href="https://caccwc.org/">https://caccwc.org/</a> <a href="https://www.facebook.com/caccwc">https://www.facebook.com/caccwc</a>

Casa of Hidalgo County	Advocates for the best interest of children in state custody. Provide quality volunteer representation; seek a safe, stable and permanent home for children.	1001 S 10th Ave Edinburg, TX 78539 956-381-0346  <a href="https://casaofhidalgo.com/">https://casaofhidalgo.com/</a>
Casa of Cameron and Willacy Counties	Find a safe and permanent home for abused and neglected children.	1740 Boca Chica Blvd., Suite 300 Brownsville, TX 78520 956-564-6545 <a href="mailto:advocates@casaofcw.org">advocates@casaofcw.org</a>  <a href="https://casaofcameronandwillacy.org/us/">https://casaofcameronandwillacy.org/us/</a>

## Crisis Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Women Together/Mujeres Unidas	Provides crisis hotline 24 hour 7 days for emergency services and shelter for adult victims of family violence, and/or sexual assault, their children and other family members.	<b>Crisis Hotline:</b> <b>1-800-580-4879</b>  Family Justice Center: 956-630-4878 McAllen Satellite Center: 956-664-2826  511 N. Cynthia St McAllen, TX 78501 <a href="https://mujeresunidas.org/">https://mujeresunidas.org/</a>
Family Crisis Center of the Rio Grande Valley	Services include: 24-hour hotline, 24-hour emergency shelter for victims and their children, 24-hour crisis intervention, 24-hour advocacy, 24-hour hospital accompaniment, Transportation to a safe place Counseling service	<b>24-hour hotline: 1-866-423-9304</b>  Harlingen Location: 616 W. Taylor Harlingen, Texas 78550 (956) 423-9305 (956) 423-9306  Raymondville Location: 192 N 3rd Street Raymondville, Texas 78580 (956) 689-5150 Monday: 8:00am - 5:00pm
Buckner Children and Family Services, Inc. Rio Grande Valley	The Buckner Family and Youth Success (FAYS) program in Rio Grande Valley serves children (ages 0 to 17) and families in Brooks, Cameron, Kenedy, Hidalgo, and Willacy counties. How can FAYS help your family and children? This family-focused program helps decrease conflict, develop a workable plan to overcome issues, and more.	1713 E. Tyler Ave. Harlingen, TX 78550 956-583-2041  <a href="https://www.buckner.org/rio-grande-valley">https://www.buckner.org/rio-grande-valley</a>

## Emergency Shelters

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Loaves and Fishes of the Rio Grande Valley	Many services are offered to the community for families in need. Loaves and Fishes is a full-service shelter. The ultimate goal of our shelter operation is to provide you with an individual experience of human dignity. Many additional services are offered through the help and assistance of our Loaves and Fishes staff.	<p>Harlingen: 514 South E Street Harlingen, TX 78550 956-423-1014</p> <p>Raymondville: 688 W. Kimball Ave Raymondville, TX 78580 956-699-2170</p> <p><a href="https://lfrgv.org/">https://lfrgv.org/</a></p>
Catholic Charities of the Rio Grande Valley (CCRGV)	CCRGV Emergency Assistance Program provides short-term utility assistance, hotel/motel vouchers to assist with temporary shelter for the homeless, emergency assistance program, medical needs vouchers, medical consultation and or prescription assistance for those in need.	<p>San Juan: 700 N. Virgen de San Juan Blvd. San Juan, TX 78589 956-702-4088</p> <p>Brownsville: 955 W. Price Rd. Brownsville, TX 78520</p> <p><a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a></p>
Women Together/Mujeres Unidas	Provides crisis hotline 24 hour 7 days for emergency services and shelter for adult victims of family violence, and/or sexual assault, their children and other family members.	<p><b>Crisis Hotline:</b> <b>1-800-580-4879</b></p> <p>Family Justice Center: 956-630-4878 McAllen Satellite Center: 956-664-2826</p> <p>511 N. Cynthia St McAllen, TX 78501 <a href="https://mujeresunidas.org/">https://mujeresunidas.org/</a></p>
Family Crisis Center of the Rio Grande Valley	Services include: 24-hour hotline, 24-hour emergency shelter for victims and their children, 24-hour crisis intervention, 24-hour advocacy, 24-hour hospital accompaniment, Transportation to a safe place Counseling service	<p><b>24-hour hotline: 1-866-423-9304</b></p> <p>Harlingen Location: 616 W. Taylor Harlingen, Texas 78550 (956) 423-9305 (956) 423-9306</p>

		Raymondville Location: 192 N 3rd Street Raymondville, Texas 78580 (956) 689-5150 Monday: 8:00am - 5:00pm
--	--	--

## Financial Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Catholic Charities of the Rio Grande Valley (CCRGV)	CCRGV Emergency Assistance Program provides short-term utility assistance, hotel/motel vouchers to assist with temporary shelter for the homeless, emergency assistance program, medical needs vouchers, medical consultation and or prescription assistance for those in need.	San Juan: 700 N. Virgen de San Juan Blvd. San Juan, TX 78589 956-702-4088  Brownsville: 955 W. Price Rd. Brownsville, TX 78520  <a href="https://www.catholiccharitiesrgv.org/Home.aspx">https://www.catholiccharitiesrgv.org/Home.aspx</a>
Hidalgo County Health and Human Services	HCHHS is dedicated to providing essential public health services to empower the residents of Hidalgo County to improve their health status now and reach their future health goals. The HCHHS divisions include Health Services, Environmental Health Division, Emergency Preparedness and Response, Human Services, and HidaLGO FIT Wellness Program.	1304 S. 25 <sup>th</sup> Avenue Edinburg, TX 78539 956-383-6221  <a href="https://www.hidalgocounty.us/1032/Health-and-Human-Services">https://www.hidalgocounty.us/1032/Health-and-Human-Services</a>

## Food Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
-------------------	-------	---------------------

Food Bank of the Rio Grande Valley	The Food Bank RGV has an Emergency Food Pantry on-site for people in need of emergency food assistance, such as when there is no food in the home. The Emergency Food Pantry at the food bank may be used one time a year for those in need of food assistance. After your initial visit to the Food Bank RGV, you will receive a referral to a food pantry in your neighborhood, close to you, that can provide food assistance on a monthly basis, until needed. When visiting the Emergency Food Pantry, please provide your I.D. and proof of address, such as a utility bill.	724 N. Cage Blvd. Pharr, TX 78577 956-682-8101, Option 2  <a href="https://foodbankrgv.com/">https://foodbankrgv.com/</a>
------------------------------------	--	---

## Housing and Rent Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Cameron County Housing Authority	The Cameron County Housing Authority is committed to provide low-income families with safe, decent and affordable housing in addition to promote programs that will lead to economic self-sufficiency and enhance the quality of life of our resident families. is committed to provide low-income families with safe, decent and affordable housing in addition to promote programs that will lead to economic self-sufficiency and enhance the quality of life of our resident families.	65 Castellano Circle Brownsville, TX 78526 956-541-4983  <a href="http://www.cchatx.org">www.cchatx.org</a>
The Housing Authority of Hidalgo County	The Housing Authority of the County of Hidalgo provides low-income families and individuals with housing that is decent, safe, sanitary, and affordable. The Housing Authority of the County of Hidalgo is committed to providing opportunities for families to become self-sufficient.	1800 N. Texas Blvd. Weslaco, TX 78599  956-968-2567  <a href="https://hidalgocha.org/en/index.html">https://hidalgocha.org/en/index.html</a> <a href="https://www.facebook.com/hidalgocha/">https://www.facebook.com/hidalgocha/</a>
Habitat for Humanity	Rio Grande Habitat for Humanity partners with low-income families who are living in inadequate, unsafe, unaffordable and/or overcrowded housing to build simple, safe and decent homes throughout the Rio Grande Valley. The community provides volunteerism and donations in the form of construction labor, professional services, money and materials to construct the homes in a cost-efficient manner.	McAllen Location 412 Ash Ave McAllen, TX 78501 956-686-7455  Harlingen Location 507 N. 1 <sup>st</sup> Harlingen, TX 78550 956-230-3850  <a href="http://www.habitatrgv.org/">http://www.habitatrgv.org/</a>

## Legal Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Texas Rio Grande Legal Aid	Provides legal assistance to low-income persons in South, Central and West Texas. It provides services to farm workers and eligible nonprofit organizations throughout Texas.	301 South Texas Avenue Mercedes, TX 78570  956-996-8752  <a href="https://www.trla.org/">https://www.trla.org/</a>
Casa de Proyecto Libertad	Casa De Proyecto Libertad (PL) was created to provide legal defense, advocacy, and community organizing for immigrants in South Texas.  Counties served: Cameron, Hidalgo, Starr, Willacy	113 N. 1 <sup>st</sup> St Harlingen, TX 78550  956-425-9552  <a href="https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.393335-Casa_De_Proyecto_Libertad">https://www.immigrationadvocates.org/nonprofit/legaldirectory/organization.393335-Casa_De_Proyecto_Libertad</a>

## Medical Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Cameron County Public Health	Cameron County Public Health strives to promote the health and well-being of all of our Cameron County residents. The Clinical Services Program operates in four public health clinics across Cameron County in Brownsville, Harlingen, San Benito and Port Isabel.	Joe. G. Rivera & Aurora de la Garza   Cameron County Annex Building  1390 W. Expressway 83 San Benito, Texas 78586  956 247-3685  <a href="https://www.cameroncountytexas.gov/publichealth/programs/clinical-services-2/">https://www.cameroncountytexas.gov/publichealth/programs/clinical-services-2/</a>
Hidalgo County Health & Human Services	Hidalgo County Health & Human Services has 8 Health Clinics located throughout Hidalgo County that provide a variety of clinical services for free or low cost; cost for clinical services is based on specific program requirements. Currently the Clinics accept the following medical coverage/insurances: Blue Cross Blue Shield of Texas, United Health, Superior, Driscoll, Molina, CHIP, and Medicaid.  The Health Clinic Staff is committed to serving the public health needs of the County and to continue strengthening our outreach through local partnerships.	Hidalgo County Health & Human Services 1304 S 25th Avenue Edinburg, TX 78542  956-383-6221  <a href="http://tx-hidalgohhs.civicplus.com/27/Health-Services">http://tx-hidalgohhs.civicplus.com/27/Health-Services</a>

## Transportation Assistance

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Valley Metro	The Lower Rio Grande Valley Development Council provides public transportation in urbanized and non-urbanized areas of the lower Rio Grande Valley through its transit department, Valley Metro. Valley Metro operates routes in Hidalgo, Cameron, Willacy, Starr and Zapata County.	Valley Metro 510 S. Pleasantview Dr. Weslaco, TX 78596  1-800-574-8322  <a href="http://www.lrgvdc.org/valleymetro.html">http://www.lrgvdc.org/valleymetro.html</a>

## Volunteer and Faith-Based Services

ORGANIZATION NAME	ABOUT	CONTACT INFORMATION
Salvation Army of Texas	local Worship Center (Corps), Service Center, Family Store, Donation Drop Off, Adult Rehabilitation Center, Emergency Assistance, and Housing/Residence services	Harlingen Location 201 E. Monroe Avenue Harlingen, TX 78550 956-423-2454 <a href="https://southernusa.salvationarmy.org/harlingen/">https://southernusa.salvationarmy.org/harlingen/</a>  McAllen 1600 N. 23 <sup>rd</sup> Street McAllen, TX 78501 956-682-1468 <a href="https://southernusa.salvationarmy.org/mcallen/">https://southernusa.salvationarmy.org/mcallen/</a>
Habitat for Humanity	Rio Grande Habitat for Humanity partners with low-income families who are living in inadequate, unsafe, unaffordable and/or overcrowded housing to build simple, safe and decent homes throughout the Rio Grande Valley. The community provides volunteerism and donations in the form of construction labor, professional services, money and materials to construct the homes in a cost-efficient manner.	McAllen Location 412 Ash Ave McAllen, TX 78501 956-686-7455  Harlingen Location 507 N. 1 <sup>st</sup> Harlingen, TX 78550 956-230-3850  <a href="http://www.habitatrgv.org/">http://www.habitatrgv.org/</a>